# MediMeal Product Highlights



High in protein (22 grams per serving)



High in fibre (4 grams per serving)



23 vitamins and minerals



Suitable for those with lactose intolerance



Gluten-free\*



Kosher



Easy to mix with water

\*Gluten-free by ingredients. Not certified gluten-free

Made in Canada
Distributed by: Minogue Medical
387 Ave Sainte-Croix Saint-Laurent, QC, H4N 2L3
1-800-665-6466
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Introducing **MediMeal**, a medically formulated meal replacement that provides protein, carbohydrates, fats and vitamin and minerals to enhance nutrition status as part of an obesity care plan.

# Suitable for people:

- Losing weight (voluntary or involuntary)
- At risk of losing muscle mass
- Preparing for and recovering from a surgery, illness or injury
- With a low appetite
- Presenting with or at risk of malnutrition



MediMeal has done wonders for me! I see a big difference in my energy level, my cravings and have peace of mind that I'm getting the nutrition I need to stay strong and keep me going

Patient quote



## **INGREDIENT INFORMATION - CHOCOLATE**

Ingredients: Protein blend (milk protein isolate, whey protein isolate, sodium caseinate), Maltodextrin, Vegetable oil (sunflower, soybean), Cocoa powder, Natural and artificial flavours, Acacia gum, Inulin, Dipotassium phosphate, Oligofructose (chicory root extract), Salt, Vitamins and minerals (ascorbic acid, niacinamide, manganese sulfate, vitamin E as acetate, zinc oxide, copper gluconate, calcium pantothenate, reduced iron, hydrochloride, pyridoxine riboflavin, hydrochloride, vitamin A as palmitate, folic acid, chromium chloride, sodium molybdate, potassium iodide, D-biotin, sodium selenite, vitamin D3 as cholecalciferol, vitamin B12 as cyanocobalamin), Xanthan gum, Magnesium phosphate, Caramel (colour), Milled flaxseeds, Tricalcium phosphate, Sunflower lecithin, Mono- and diglycerides, Sucralose, Stevia extract, Tocopherols

Contains: Milk, Sulfites

May contain: Wheat, Eggs, Soy, Peanuts, Tree Nuts

### **INGREDIENT INFORMATION - VANILLA**

Ingredients: Protein blend (milk protein isolate, whey protein isolate, sodium caseinate), Maltodextrin, Vegetable oil (sunflower, soybean), Oligofructose (chicory root extract), Gum arabic, Inulin, Dipotassium phosphate, Salt, Natural and artificial flavours, Vitamins and minerals (ascorbic acid, niacinamide, manganese sulfate, vitamin E as acetate, zinc oxide, copper gluconate, calcium dpantothenate, reduced iron, pyridoxine hydrochloride, riboflavin, thiamine hydrochloride, vitamin A as palmitate, folic acid, chromium chloride, sodium molybdate, potassium iodide, D-biotin, sodium selenite, vitamin D3 as cholecalciferol, vitamin B12 as cyanocobalamin), Xanthan gum, Magnesium phosphate, Milled flaxseeds, Tricalcium phosphate, Mono- and diglycerides, Sunflower lecithin, Sucralose, Stevia extract, Tocopherols

Contains: Milk

May contain: Wheat, Eggs, Soy, Peanuts, Tree Nuts

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### **NUTRITION** 1 package **INFORMATION** Unit

(54g)

Energy	kcal (kJ)	230 (960)
Protein	g	22
Carbohydrate	g	16
Fibre	g	4
Sugars	g	1
Fat	g	8
Saturated	g	1
Trans	g	0.1
Linoleic acid	g	1
Linolenic acid	g	0.2
Cholesterol	mg	5
Sodium	mg	370
Potassium	mg	900
Phosphorus	mg	500
Vitamin A	mcg (IU)	504 (1680)
Vitamin D	mcg (IU)	2 (80)
Vitamin E	mg	4.05
Vitamin K	mg	NA
Vitamin C	mg	17.1
Vitamin B1 - Thiamine	mg	0.6
Vitamin B2 - Riboflavin	mg	0.75
Vitamin B3 - Niacin	mg	8.96
Vitamin B4 - Folate	mcg	100
Pantothenic acid	mg	2.1
Vitamin B6 - Pyridoxine	mg	0.65
Vitamin B12 - Cobalamin	mcg	0.5
Biotin	mcg	54.5
Calcium	mg	400
lron	mg	5.04
lodine	mcg	90
Magnesium	mg	71.4
Copper	mg	0.89
Zinc	mg	4.95
Manganese	mg	1.65
Selenium	mcg	16
Chromium	mcg	16.5
Molybdenum	mcg	33
Sucrolose	mg	50

<sup>\*</sup>Vanilla provides the following differences: Sugars 2 g; linoleic acid 1.5 g; potassium 750 mg; iron 3.96 mg; copper 0.82 mg; magnesium 79.8 mg

kcal: kilocalories, kJ: kilojoules, g: grams, mg: milligrams, mcg: micrograms, IU: International Units